

2nd Annual

FORT4FITNESS

HALF MARATHON • 4 MILE RUN/WALK • HEALTH FAIR • HEALTHY FOOD EXPO

Fort Wayne, Indiana • September 25-26, 2009



Fort-4-Fitness Festival
P.O. Box 9007
Fort Wayne, IN 46899-9007
(260) 760-3371

Fort-4-Fitness Over 50% Sold Out!
Last Chance To Register At Discounted Rate Is June 30th

For Immediate Release: June 17, 2009
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Dave Craker, Race Director race@fort-4-fitness.org

(Fort Wayne, IN) – The 2009 Fort-4-Fitness Festival, presented by Parkview Health, is well on its way to surpassing last year's registration total of 3,000 race registrants. More than 2,500 runners and walkers have already signed up for the September 26th Half Marathon or 4 Mile Run/Walk, meaning the race (which has a registration limit of 5,000 participants) is more than 50% sold out.

Runners and walkers who have still not signed up will want to take advantage of discounted pricing, which ends June 30th. Beginning July 1st, registrants will pay the full registration fee for their race.

Race Registration Fees:

Half Marathon (on or before 6/30) - \$45.00
(on or after 7/1*) - \$50.00

4 Mile Run/Walk (on or before 6/30) - \$20.00
(on or after 7/1*) - \$25.00

"Following the success of our inaugural race last year, we knew there would be an increased demand for registrations this year, which is why we increased the race field to 5,000 participants," said Dave Craker, Race Director of the Fort-4-Fitness events. "This event is truly turning into a community event, and with the additional growth of the Healthy Food Expo and Health Fair, the entire Fort-4-Fitness Festival weekend will be an exciting time for Fort Wayne. We're excited about the new course for this year's races, and finishing at Parkview Field will be a great experience for both spectators and runners."

This year's Fort-4-Fitness Festival takes place September 25-26, 2009 at Parkview Field. To register online, go to www.fort-4-fitness.org and click on the 'registration' link at the left of the page. Registration forms can also be downloaded from the Fort-4-Fitness web site, and are available at Subway Restaurant and YMCA locations in Northeast Indiana.

*Registration closes 9/12/2009 or when the 5,000 participant limit is reached, whichever is sooner.

Fort-4-Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana.

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www.fort-4-fitness.org