

2nd Annual

FORT4FITNESS

HALF MARATHON • 4 MILE RUN/WALK • HEALTH FAIR • HEALTHY FOOD EXPO

Fort Wayne, Indiana • September 25-26, 2009



Fort-4-Fitness Festival
P.O. Box 9007
Fort Wayne, IN 46899-9007
(260) 760-3371

Fort-4-Fitness Races Sell Out Again!
5,000 Participant Capacity Reached

For Immediate Release: August 19, 2009
Contact: Dave Craker, Race Director race@fort-4-fitness.org

(Fort Wayne, IN) – For the second consecutive year, the Fort-4-Fitness races have officially sold out. On Tuesday August 18, more than five weeks before race day, the 5,000 participant cap for the 2009 Fort-4-Fitness Half Marathon and 4 Mile Run/Walk was reached, selling out more than three weeks earlier than the 2008 races, which had a capacity of 3,000 participants.

Registration for the Half Marathon and 4 Mile Run/Walk have officially been closed. Mail-in registrations for both races that were postmarked on or before August 18, 2009 will still be accepted. Any Half Marathon or 4 Mile Run/Walk registrations postmarked after that date will be returned to sender.

“The Fort-4-Fitness committee is extremely excited to have a sold out event once again this year,” said Dave Craker, Race Director of the Fort-4-Fitness events. “Northeast Indiana has shown us that our residents are committed to improving their health and fitness, and we are happy to be a part of this trend in our region.”

This year’s Fort-4-Fitness Festival takes place September 25-26, 2009 at Parkview Field, and will once again feature more than just races. The Health Fair and Healthy Food Expo, taking place Friday and Saturday, September 25 and 26 feature free admission and are open to the public. More details about these events will be available soon. For more information on the Fort-4-Fitness Festival, please visit our web site at www.fort-4-fitness.org.

Fort-4-Fitness, Inc. is a non-profit, 501(c)(3) organization
committed to promoting healthy living and fitness in Northeast Indiana.

###

www.fort-4-fitness.org