

3rd Annual

FORT4FITNESS

HEALTH FESTIVAL • HALF MARATHON • 4 MILE RUN/WALK • KIDS & SENIORS MARATHON

Fort Wayne, Indiana • September 24-25, 2010



Fort4Fitness Health Festival
P.O. Box 9007
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Fort4Fitness Joins Inaugural Indiana Distance Running Series

Running Series Launches With Five Indiana Distance Races in 2010

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(Fort Wayne, IN) - Race directors from five Indiana distance races joined forces and announced today the formation of the Indiana Distance Running Series. Spanning the state of Indiana, the Indiana Distance Running Series represents five event locations hosting either a full marathon and/or a half marathon during the 2010 running season. Runners accumulate points based upon their gender, distance completed, and finishing place. Participation is free.

"Fort4Fitness is excited to be a member event in the Indiana Distance Running Series," said Dave Craker, Fort4Fitness Race Director. "All 5 events share a common goal - to promote running in Indiana. This is also a natural extension of our mission to promote healthy living and fitness not just in northeast Indiana, but across the state through our participation in the IDRS."

First-year series races include:

- Evansville-The Inaugural Southern Indiana Classic Marathon & Half Marathon (April 11)
- Fishers-Geist Half Marathon (May 22)
- South Bend-Sunburst Races Marathon & Half Marathon (June 5)
- **Fort Wayne-Fort4Fitness Half Marathon (September 25)**
- Indianapolis-Indianapolis Marathon & Half Marathon (October 16)

Persons interested in participating in the year-long race series are encouraged to visit www.Fort4Fitness.org and click on the Indiana Distance Running Series link for more information specific to the Indiana Distance Running Series.

Online Registration for the 2010 Fort4Fitness Half Marathon, 4 Mile Run/Walk, Kids Marathon and Seniors Marathon is open at www.Fort4Fitness.org. Sign up early for the biggest discount, and save \$5.00 by signing up online.



Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana.

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www.Fort4Fitness.org