

3rd Annual

# FORT4FITNESS

HEALTH FESTIVAL • HALF MARATHON • 4 MILE RUN/WALK • KIDS & SENIORS MARATHON

**Fort Wayne, Indiana • September 24-25, 2010**



Fort4Fitness Health Festival  
P.O. Box 9007  
Fort Wayne, IN 46899-9007  
(260) 760-3371

## Fort4Fitness Announces Split Start Times For 2010 Half Marathon & 4 Mile Events

*Register Before April 15<sup>th</sup> To Receive Early Bird Registration Discount*

**For Immediate Release: March 27, 2010**

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**Dave Craker, Race Director [race@Fort4Fitness.org](mailto:race@Fort4Fitness.org)**

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**(Fort Wayne, IN)** – Less than six months to go until the 3<sup>rd</sup> Annual Fort4Fitness Festival gets underway at Parkview Field, and Fort4Fitness is introducing a change to the start of the races on Saturday morning, September 25, 2010. This year, the Half Marathon and 4 Mile Run/Walk will be run separately, instead of combining all of the runners together as was done in the previous two years.

The 4 Mile Run/Walk participants will head to the starting line first, starting their race at 7:30 a.m., with the Half Marathon scheduled to start a half hour later at 8:00 a.m. "The split start provides the opportunity for our races to continue to grow in future years," said Dave Craker, Fort4Fitness Race Director. "It also solves several logistical issues and enhances the race experience for all participants. All finishers will continue to experience the exciting finish at home plate of Parkview Field."

Registration is moving along well, and after selling out in each of the first two years, another sellout is expected in 2010, so participants are encouraged to register early in order to guarantee their spot in the race. Runners and walkers will also want to be sure to take advantage of the **early bird registration discount deadline, April 15<sup>th</sup>**. The cost of race registration will increase after that, so we encourage all participants to sign up soon by logging on to [www.Fort4Fitness.org](http://www.Fort4Fitness.org) and clicking on the registration link.

Paper brochures will also be available around Fort Wayne very soon, and are now available on the Fort4Fitness web site as well for those wishing to mail in their registration forms.

For more information on the Fort4Fitness Festival, please visit our web site at [www.Fort4Fitness.org](http://www.Fort4Fitness.org).



Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana.

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[www.Fort4Fitness.org](http://www.Fort4Fitness.org)