

3rd Annual

FORT4FITNESS

HEALTH FESTIVAL • HALF MARATHON • 4 MILE RUN/WALK • KIDS & SENIORS MARATHON

Fort Wayne, Indiana • September 24-25, 2010



Fort4Fitness Health Festival
P.O. Box 9007
Fort Wayne, IN 46899-9007
(260) 760-3371

Fort4Fitness Health Festival Week Is Here! *3rd Annual Event Bigger and Better Than Ever*

For Immediate Release: September 21, 2010
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(Fort Wayne, IN) – Fort4Fitness continues to grow, and the 3rd Annual event is bigger and better than ever before. Friday, September 24th, Parkview Field will be filled with 7,500 runners and walkers picking up their race packets for Saturday's Half Marathon and 4 Mile Run/Walk. It will also be the home of the Health Festival, featuring more than 50 vendors focused on improving the health and lifestyles of people throughout Northeast Indiana. The Health Festival runs from 2 pm – 9 pm on Friday, is open to the public and free of charge. "Dinner at the Diamond" will also be available for attendees who want some healthy food options for dinner on Friday night.

The final legs of the summer-long Kids Marathon and Seniors Marathon will also be held Friday night, starting just outside Parkview Field and finishing inside the stadium at home plate. More than 600 kids are scheduled to participate in the finale of the Kids Marathon, beginning at 6:30 p.m. The Seniors Marathon gets underway at 6:45 pm.

Saturday, the Half Marathon and 4 Mile Run/Walk will take runners on a scenic course through downtown Fort Wayne. For the first time, the two races will be run separately, with the 4 Mile participants starting at 7:30 a.m. and the Half Marathon runners starting at 8:00 a.m.

34 states are represented in the Half Marathon and 4 Mile Run/Walk, along with participants who registered from four different countries (U.S.A., Great Britain, Canada and China).

For more information on the Fort4Fitness Health Festival, please visit our web site at www.Fort4Fitness.org.

Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana.

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www.Fort4Fitness.org