

3rd Annual

# FORT4FITNESS

HEALTH FESTIVAL • HALF MARATHON • 4 MILE RUN/WALK • KIDS & SENIORS MARATHON

Fort Wayne, Indiana • September 24-25, 2010



## Fort4Fitness Race Results

Fort4Fitness Health Festival  
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**(Fort Wayne, IN)** – An estimated 17,000 people packed Parkview Field and the streets of downtown Fort Wayne for the 3<sup>rd</sup> Annual running of the Fort4Fitness Half Marathon and 4 Mile Run/Walk Saturday morning. 7,500 registered runners, plus spectators and volunteers all came together to celebrate Fitness in Fort Wayne.

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Eric Ade, 32, of Fort Wayne, won the Half Marathon for the second consecutive year, beating his time from 2009, finishing in 1:11:21. His closest competitor was Brandon Reichert, 28, who was 56 seconds behind. 25-year-old Mark Green placed third.

The Women's Half Marathon was won by Crystina Ridenour, 23, from Fort Wayne, finishing with a winning time of 1:22:16, 13 seconds ahead of second place Ashley Ade, 25. Third place went to 23-year-old Crystal Reichert.

The Half Marathon wheelchair division was won by Devin Gilliam, 19, of Fort Wayne with a time of 1:37:19.

The 4 Mile race was won by Edward Ditmyer, 29, of Van Wert, OH. He finished in 22:08, nearly three minutes ahead of his closest competitor. Sarah Suddarth, 24, of Fort Wayne finished first among the women 4 Milers, with a time of 27:13.

### Fort4Fitness Results Snapshot.

#### Total Finishers For Both Races Combined

Total finishers – 6,196  
Number of female finishers – 3,875  
Number of male finishers – 2,321

#### Half Marathon (13.1 miles)

Total finishers – 2,908  
Number of female finishers – 1,558  
Number of male finishers – 1,350  
Average finish time – 2:19:12

#### Four Mile Run/Walk

Total finishers – 3,288  
Number of female finishers – 2,317  
Number of male finishers – 971  
Average finish time – 53:54

Complete race results are also available online at [www.fort4fitness.org](http://www.fort4fitness.org)

Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana.

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[www.Fort4Fitness.org](http://www.Fort4Fitness.org)