



Fort4Fitness Health Festival  
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## 2011 Fort4Fitness Race Course Update

**For Immediate Release: May 6, 2011**

**Contact: Brad Kimmel, Executive Director (260) 437-7422**

Executive Director – Brad Kimmel  
 Race Director – David Craker  
 Marketing Director – Mark Wolf

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**(Fort Wayne, IN)** – The 2011 Fort4Fitness Half Marathon course is changing slightly and incorporating a few improvements that we know you'll love! This year's course goes around Foster Park adding 1.25 miles of scenic trails. Now, more than 4.25 miles goes by parks, past golf courses and down green trails. We have also eliminated several of the twists and turns in the neighborhoods south of the former Taylor University Fort Wayne campus. "We are excited about the improvements to the course," said Dave Craker, Race Director. "It complements the new 10K course, provides residents better access to their homes and offers a more scenic route for our participants." The new half marathon course will be certified by race day.

The 10K, new in 2011, will provide runners with an exciting run through Fort Wayne at a great new distance. The 4 Mile course is unchanged.

All three courses are now posted on the Fort4Fitness web site, where you can also download interactive course maps and a file to view the courses in Google Earth.

Even with an expanded field of 10,000 participants, registration is on record pace in 2011. After selling out in each of the previous three years, participants are encouraged to register today to guarantee a spot in the race of their choice. The breakdown of registration fees for the 2011 events is below:

### 2011 Fort4Fitness Registration Fee Schedule\*

	<u>Half Marathon</u>	<u>10 K</u>	<u>4 Mile Run/Walk</u>
4/16/11 – 7/15/11	\$50	\$35	\$25
7/16/11 – 9/10/11	\$60	\$40	\$30

**Kids Marathon\*\* - \$10      Seniors Marathon\*\* - \$10**

\*Online registration will close 9/10/2011 at 11:59 p.m. (EDT) or sooner if the limit of 10,000 registrants is reached. Mail-in registrations must be post-marked by 9/10/2011 or the date the race sells out online, whichever is sooner.

\*\*Online registration for the Kids & Seniors Marathon both close 8/1/2011 at 11:59 p.m. (EDT). Mail-in registrations must be post-marked by 8/1/2011.

***There will be NO RACE WEEKEND REGISTRATION!***

For more information on the Fort4Fitness Health Festival, please visit our web site at [www.Fort4Fitness.org](http://www.Fort4Fitness.org).

Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana.

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[www.Fort4Fitness.org](http://www.Fort4Fitness.org)



4th Annual

# FORT4FITNESS

HEALTH FESTIVAL • HALF MARATHON • 10K • 4 MILE RUN/WALK • KIDS & SENIORS MARATHON

Fort Wayne, Indiana • September 24, 2011



# 2011 Fort4Fitness Course Map

### Turn-By-Turn Directions

#### 4 Mile Run/Walk

- E on Baker
- S on Calhoun
- W on Packard
- N on Indiana
- E on Kinnaird
- N on South Wayne
- NE on Beechwood
- E on Pontiac
- N on Hoagland
- W on Bass
- N on Fairfield (NB lanes)
- E on Baker
- N on Ewing
- E into Parkview Field

#### 10K Run/Walk

- E on Baker
- S on Calhoun
- W on Pettit
- N on South Wayne (east side to Pasadena)
- W on Oakdale
- N on Indiana
- E on Kinnaird
- N on South Wayne
- NE on Beechwood
- E on Pontiac
- N on Hoagland
- W on Bass
- N on Fairfield (NB lanes)
- E on Baker
- N on Ewing
- E into Parkview Field

#### Half Marathon

- E on Baker
- S on Calhoun
- W on Tillman
- N on Fairfield
- NW on Greenway Trail
- E on Foster Park Road
- S on Old Mill
- W on Lexington
- S on Hartman
- E on Westover
- S on Crestwood
- E on Sherwood Terrace
- S on Stratford
- E on Pettit
- S on Old Mill
- E on Old Farm Circle
- N on South Wayne (west side Pettit to Pasadena)
- W on Oakdale
- N on Indiana
- E on Kinnaird
- N on South Wayne
- NE on Beechwood
- E on Pontiac
- N on Hoagland
- W on Bass
- N on Fairfield (NB lanes)
- E on Baker
- N on Ewing
- E into Parkview Field

### Symbols

- Start – Historic Baker Street Station 221 W. Baker Street
- Finish – Home Plate, Parkview Field 1301 S. Ewing Street
- Water / Sports Drink / Medical / Portable Restrooms
- Extra Portable or Fixed Restrooms
- Traffic Detours

Course and water station locations subject to change



**Downtown Fort Wayne and Parkview Field**

**Detour of NB Fairfield**  
Use Taylor, Broadway and Jefferson  
(SB Fairfield is open)

**Calhoun Traffic**  
Use Clinton Street SB and Lafayette Street NB

**EB Rudisill Traffic**  
Use Broadway, Jefferson and Clinton

**WB Rudisill Traffic**  
Use Lafayette, Washington and Broadway

**Foster Park and Foster Park Golf Course**  
closed to vehicles and golfers race morning

**Detour of Fairfield**  
Use Lower Huntington Road, Winchester Road and Airport Expressway

**Calhoun**  
Open to Hoover and golf course

**Tillman Road**  
WB traffic diverted to use EB lanes