



Fort4Fitness Health Festival  
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## 2011 Fort4Fitness Kids Marathon Kick-Off Event Set For Sunday, June 26<sup>th</sup>!

**For Immediate Release: June 22, 2011  
Contact: Brad Kimmel, Executive Director (260) 437-7422**

**(Fort Wayne, IN)** – The 2011 Fort4Fitness Kids Marathon is ready to go! Sunday, June 26<sup>th</sup> at 5:30 p.m. at Parkview Field, Kids from Kindergarten through 8<sup>th</sup> grade will begin their 12 week, 26.2 mile trek towards the finish line! The program encourages kids to run and/or walk an average of just over 2 miles per week, setting themselves up to complete the final 1.2 miles on Friday, September 23<sup>rd</sup> with an exciting finish at home plate of Parkview Field at the 4<sup>th</sup> Annual Fort4Fitness Fall Festival.

**Kids Marathon Kick-Off Event Schedule:**

**When: Sunday, June 26, 2011 – 5:30 – 7:30 p.m.**

(immediately following TinCaps game)

**Where: Parkview Field – Downtown Fort Wayne**

(Participants should enter through the Jefferson Blvd entrance / centerfield)



At the kick-off event, participating kids will receive their 2011 Kids Marathon t-shirt, pick up training materials, go through fitness testing stations, and they'll complete one lap around the warning track at Parkview Field to get them moving on their 26.2 mile journey. Laps around the field will start every 15 minutes, with the final run beginning at 6:45 p.m.

More than 450 kids have already signed up for the Kids Marathon this year, and registration is still open. Parents can register their kids online at [www.Fort4Fitness.org](http://www.Fort4Fitness.org) or you can also sign up at the kick-off event at Parkview Field on Sunday.

Training will continue throughout the summer at several YMCA locations around town, check the Fort4Fitness web site for dates/times of the training location closest to you.

Participants who can not make it to the kick-off event on Sunday can pick up their materials at one of these alternate times:

- Fri. July 8, 2011 – 5:00 – 7:00 pm – ASH Centre (1701 Freeman Street)
- Sat. July 9, 2011 – 9:00 am – 12:00 noon – ASH Centre
- Out of town participants can print their materials off the web site and pick up their t-shirts at the September event.

For more information on the Fort4Fitness Health Festival or the Kids Marathon, please visit our web site at [www.Fort4Fitness.org](http://www.Fort4Fitness.org).

Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization  
committed to promoting healthy living and fitness in Northeast Indiana.

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[www.Fort4Fitness.org](http://www.Fort4Fitness.org)