



PRESS RELEASE

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Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana

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Fort4Fitness 2012 Fall Race Registration Opens January 1st!

F4F Half Marathon Earns Another RRCA Championship Race Designation

(Fort Wayne, Indiana) - The wait is almost over! Registration for the 2012 Fort4Fitness fall races opens on January 1st at 12:01 a.m. ET. After you ring in the new year, head to www.Fort4Fitness.org to register for the 2012 Half Marathon, 10K, 4 Mile Run/Walk, Kids Marathon or Seniors Marathon! Coming off our biggest and best year ever in 2011, Fort4Fitness is expecting even bigger things in 2012! Participants are encouraged to register early, in order to guarantee a spot at the starting line at the 5th Annual Fort4Fitness Fall Festival (September 28-29, 2012).

Fort4Fitness is also honored to announce that for the second straight year, the Half Marathon has received an RRCA Championship Race designation. After successfully hosting the 2011 RRCA Indiana State Half Marathon Championship, Fort4Fitness will host the 2012 RRCA Regional Championship Half Marathon race, crowning champions of the Central Region of the United States. Sign up for Fort4Fitness beginning January 1, 2012 to be a part of this incredible event!

Fort4Fitness is committed to promoting active, healthy living all year-round through our 4YourHealth programs. Join Fort4Fitness at the Fueling Your Family Food Fun & Fitness Fair on Saturday, January 21st from 11 am - 3 pm in the Macy's wing at Glenbrook Square Mall. Don't miss all of the fun, interactive demonstrations that will be going on throughout the event. Check out the 4YourHealth section of the Fort4Fitness web site for more details!

Fort4Fitness is also planning a cycling event for the Spring of 2012! The F4F Spring Cycle is scheduled for Saturday, May 26th and will include family friendly events and a competitive race for licensed cyclists. More details will be available soon, including information on how and when to register!



FORT WAYNE, INDIANA • MAY 26, 2012



FORT WAYNE, INDIANA
SEPTEMBER 28-29, 2012