



Fort Wayne, Indiana • September 27, 2008

Fort-4-Fitness Festival
P.O. Box 9007
Fort Wayne, IN 46899-9007

Inaugural Fort-4-Fitness Festival Just 6 Months Away!

Timothy Kenesey, Chairman
Bradley Kimmel, Executive Director
Jeff Metzger, Race Director

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(Fort Wayne, IN) – 6 months and counting! The inaugural Fort-4-Fitness Festival is fast approaching, and with just 183 days until race day, it's time to start training for Fort Wayne's only certified half-marathon race or the 4 mile run/walk. Both races start at 7:30 a.m. on Saturday, September 27, 2008.

Registrations have already started rolling in, with both male and female runners signed up ranging in age from 11 to 74 years old. We already have runners from Indiana, Michigan, Illinois, Ohio, Nebraska and Texas signed up for the race. Race participants can save money by signing up before the early-bird deadline of July 1st. Log on to www.fort-4-fitness.org to register.

The Fort-4-Fitness Festival was created to raise awareness of general health and fitness, and to show Northeast Indiana's commitment to getting and staying fit.

This two-day event also includes a Health Fair at the Allen County Public Library the night before the race, and a Health Food Expo in Freimann Square on race day, giving area businesses a chance to showcase their products and services that help contribute to healthy lifestyles.

If you'd like to be involved with the Fort-4-Fitness Festival, either as a participant, sponsor, or volunteer, please visit our web site, and contact us as soon as possible. With the support of the entire community in Northeast Indiana, this event can have a huge impact on the health, fitness and lives of people all over the region.

Main Sponsors

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Fort-4-Fitness, Inc. is a non-profit, 501(c)(3) organization which supports the Governor's fitness initiative for the state of Indiana.

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www.fort-4-fitness.org