



**Fort Wayne, Indiana • September 27, 2008**

Fort-4-Fitness Festival  
P.O. Box 9007  
Fort Wayne, IN 46899-9007

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## Fort-4-Fitness Sets Cap On Race Registrations For Inaugural Event

*Interested participants encouraged to register now due to overwhelming interest in Fort-4-Fitness races*

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(Fort Wayne, IN) – The level of excitement continues to grow for the inaugural Fort-4-Fitness Health Festival, September 26-27, 2008. Although the race is over five months away, due to overwhelming interest and limited space, those wishing to participate in the Half Marathon or 4 Mile Run/Walk on September 27, 2008 are strongly encouraged to register as soon as possible to secure a spot. A cap of 3,000 runners for the 2008 race has been set.

“While our communications have really only begun and we still have over five months to go before race day, we already have nearly 1,000 people ready to participate in this two-day event,” said Tim Kenesey, Fort-4-Fitness Committee Chairman. “We are thus encouraging those interested in participating in the Half or the 4 Mile to sign up early so they can guarantee themselves a spot in the race and obtain the benefits of the early sign-up.”

The Half Marathon and 4 Mile Run/Walk will both begin and end in Freimann Square in downtown Fort Wayne on the morning of September 27<sup>th</sup>. Race participants who sign up prior to July 1<sup>st</sup> will not only receive a discount on their registration fees, but will also receive a personalized race bib with their race number and first name printed on the bib. Fort-4-Fitness Board Members have emphasized that the race participant limit could be met very early.

All participants who complete the race will also receive a finisher's medal as a memento of their accomplishment, and all participants and spectators may participate in Health Food Expo after the races and in the Health Fair on the eve of the race.

Registration is open online at [www.fort-4-fitness.org](http://www.fort-4-fitness.org).

Fort-4-Fitness, Inc. is a non-profit, 501(c)(3) organization which supports the Governor's fitness initiative for the state of Indiana.

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[www.fort-4-fitness.org](http://www.fort-4-fitness.org)