

## **Tropical Fruit Slushy**

**Try this quick, refreshing summer drink recipe to cool off from the summer heat!**

### **Tropical Fruit Slushy:**

**1 can Dole Tropical Fruit**

**1 ripe Kiwi, Peeled**

**1 ½ c. ice**

**Spin in blender until liquified and icy – enjoy!**

**Courtesy of Parkview Health**